

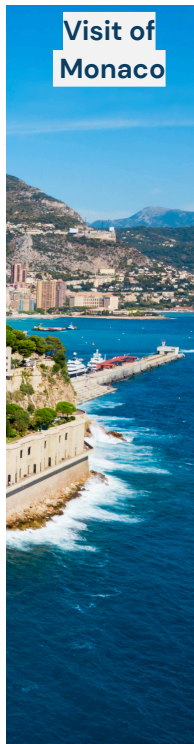









ANTIBES ESSENTIAL ACTIVITY PROGRAM

13-17 years old











	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7.00am	 <div>Arrivals & Free time</div>	 Wake up					 <div>Visit of Monaco</div>
8.00am		Breakfast					
9.00-12.20am		French test for new arrivals or standard course Standard course 					
12.30am		Lunch					
2.00-5.30pm Main activity/excursions		Visit of Antibes 	Free afternoon	Sailing afternoon 	Tree top adventure park	Sports afternoon 	
5.30-6.30pm Optional activity		Volleyball	Circus	Role games	Basketball	Water games	
7.00pm	Dinner						
8.30-10.00pm	Evening with the host family	 BBQ at the campus	Evening with the host family	Evening with the host family	Evening with the host family	 Disco evening at the campus	Evening with the host family
10.30pm	 Curfew						

This timetable is given as a reference showing a sample of activity program.

The program and the free day may be subject to change due to operational reasons or according to weather forecast.

ANTIBES ESSENTIAL ACTIVITY PROGRAM

13-17 years old

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7.00am	 Free day	 Wake up					 Departure	
8.00am		Breakfast						
9.00–12.20am		Standard course 						
12.30am		Lunch						
2.00–5.30pm Main activity/excursions		Visit of Antibes or free afternoon 	Free afternoon	Sailing afternoon 	Visit of Monaco 	Sports afternoon		
5.30–6.30pm Optional activity		Waiter's race	Football tennis	Danse and choreography	Sports tournament	Dodgeball		
7.00pm	Dinner							
8.30–10.00pm	Evening with the host family	 BBQ at the campus	Evening with the host family	Evening with the host family	Evening with the host family	 Disco evening at the campus		
10.30pm	 Curfew							

This timetable is given as a reference showing a sample of activity program.

The program and the free day may be subject to change due to operational reasons or according to weather forecast.