

FOOTBALL & LANGUAGE

LaLiga Camps UK



| | | | 8.45-10.00 | | 10.15-11.30 | | 12.00-12.45 | | 13.30-15.30 | | 16.00-17.30 | | 18.00-19.00 | | 22.30 |
|-----|---------------------------|-----------|-----------------|-------|-----------------|-------|--------------------|-------|--------------------|-------|-----------------------|----------|-------------|-------------------|-------|
| SUN | ARRIVALS | | | | | | | | | | | | | | |
| MON | INDIVIDUAL DEVELOPMENT | BREAKFAST | LANGUAGE LESSON | BREAK | LANGUAGE LESSON | BREAK | SPORTS TESTING | LUNCH | SPORTS TESTING | BREAK | WORKSHOP | BREAK | DINNER | SOCIAL ACTIVITIES | BED |
| TUE | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | TECHNICAL TRAINING | | WORKSHOP | | | | |
| WED | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | EPL STADIUM TOUR | | | | | | |
| THU | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | WORKSHOP | BREAK | IN-HOUSE MATCHES | BREAK | | | |
| FRI | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | TECHNICAL TRAINING | | FOOTBALL COMPETITIONS | | | | |
| SAT | LONDON CULTURAL EXCURSION | | | | | | | | | | | | | | |
| SUN | LOCAL CULTURAL EXCURSION | | | | | | | | | | | | | | |
| MON | TEAM DEVELOPMENT | BREAKFAST | LANGUAGE LESSON | BREAK | LANGUAGE LESSON | BREAK | TECHNICAL TRAINING | LUNCH | TECHNICAL TRAINING | BREAK | Q&A WITH A PRO | BREAK | DINNER | SOCIAL ACTIVITIES | BED |
| TUE | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | WORKSHOP | | IN-HOUSE MATCHES | | | | |
| WED | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | FOOT-GOLF | | | | | | |
| THU | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | TECHNICAL TRAINING | BREAK | WORKSHOP | CEREMONY | | | |
| FRI | | | LANGUAGE LESSON | | LANGUAGE LESSON | | TECHNICAL TRAINING | | TECHNICAL TRAINING | | FOOTBAL COMPETITIONS | | | | |
| SAT | DEPARTURES | | | | | | | | | | | | | | |

EXAMPLE TIMETABLE ONLY



Technical training hosted by UEFA Pro certified coaches from LaLiga and former professional players from the UK.



English language tuition.



Players will undergo numerous assessments which cover speed, strength, agility, power and reaction time.



Themed focus throughout the players two-week stay.



Sports Science, strength & conditioning, yoga, analysis & injury prevention workshops